



Welcome to the CARPET COURT Junior Tough Guy and Gal Challenge. We hope that you all enjoy the event; it's going to be loads of fun and an amazingly muddy experience.

Registration, Start and Race Briefing

Registration is open from 8:30am – 9:30am for all events. At registration you will collect your race bib numbers. **Please note that for Wellington events your registration is open from 9:30am – 10:30am.**

- If you're entered via a school group, your race bib numbers will be pre-packed in a bundle under your school's name. The teacher/parent/caregiver in charge needs to come to registration to collect these on behalf of the school group.
- If you entered online as an individual, yourself or your parent/caregiver will need to collect your race bib from registration by stating your name.

IMPORTANT NOTE: Return any unused race bibs back to registration prior to the start of the race to reduce potential timing errors.

The start line is under the Start/Finish gantry. Please ensure that you're there no later than ten minutes before the start of your event for a race briefing.

Race starts in waves from 10:00am for all events. **Please note that Wellington events you start from 11:00am.**

10:00am 3km Big Rascals Years 7 & 8 (11:00am Wellington only)

10:10am approx. 3km Little Nippers Years 5 & 6 (11:10am Wellington only)

10:20am approx. 1.5km Ankle Biters Years 3 & 4 (11:20am Wellington only)

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JUNIOR TOUGH GUY AND GAL CHALLENGE
EXTREME OFF ROAD RUNNING EVENT

WELLINGTON - May
PALMERSTON NORTH - May
HAWKES BAY - May
HAMILTON - June
TAURANGA - July
WEST AUCKLAND - August
ROTORUA - August
SOUTH AUCKLAND - September

www.eventpromotions.co.nz

Bib Number

Your race number must be pinned to the FRONT of your shirt, please do not cover it with any other clothing or costume. You do NOT need to hand this in at the finish line.

Prize-Giving

Prize-giving will take place at 12.00pm. **Please note that Wellington events your prize giving will be at 1:00pm.** There are heaps of great spot prizes, but you must be present to be eligible for these.

Online Certificates

Certificates are available to download from www.eventpromotions.co.nz.

Finishers Medals

All competitors will receive a stunning finishers medal as a part of their entry. This is given to you at Registration rather than when you cross the finish line to allow them to be kept clean.

Timing

There is no official timing, however a timing clock will be displayed at the finish line so you can take your own time.

Merchandise

All pre-purchased merchandise is to be collected from Registration on the day of the event if you are part of a school group. Otherwise, if you're attending as an individual, your pre-purchased merchandise will be at the Merchandise Trailer. If you do not collect your merchandise, and it needs to be sent out afterwards, there will be a \$5.00 postage fee. There will be additional merchandise available to purchase from the Merchandise Trailer.

Hot Food and Drinks

There will be hot food and coffee available for purchase at most events. Bringing cash is advised as eftpos can be unreliable at most venues due to their location. Water is also available free of charge for competitors.

Hazards / Spectator Safety

Due to the nature of the course, there are many natural and man-made hazards on the course. At many stages, the ground is uneven and has the potential for injury so be extremely careful of hazards throughout the event. Certain areas are out-of-bounds to spectators. Please obey signs and the directions of marshals at all times. There are many hazards on site including unfenced bodies of water - please be very careful and keep children supervised at all times.

Footwear is Compulsory

Due to the nature of the course and the number of competitors, spiked shoes are not permitted to be worn and it is highly advised that you tape your shoes onto your feet as the swamp may gobble them up.

Changing facilities – Toilets - Showers

Both male and female changing facilities are available. Hot showers are available but please limit your shower to a maximum of two minutes to allow for others. Please use the cold wash down showers before using the hot showers to remove the mud. Bring a towel and warm clothes for afterwards to get changed into and a rubbish bag to keep all your muddy clothes in to save your backpack getting dirty.

Hot Pool – Rotorua only

This is available to all free of charge **BUT** you must have showered or cleaned up prior to entering the pool for health reasons. This will be monitored so please respect the wishes of Lakes Ranch and other pool users.

Dogs

Dogs are NOT permitted at any of the event venues due to venue rules, please leave your dogs at home.

We hope you have an awesome, fun and memorable day! The Event Promotions Team.

Please support our fantastic sponsors and partners below 😊

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