



Final Competitor Notes

We welcome everyone to the 2024 Lysaght Karapiro 100K Flyer.

IMPORTANT NOTICE: The 50km event has been cancelled for 2024, and unfortunately, after 25 years, this will be the final running of the 100K Flyer event.

Riders must ALWAYS abide by the usual road rules. You do not automatically have right of way! KEEP LEFT AT ALL TIMES AND DO NOT CROSS THE CENTRE LINE.
Please observe this for your own safety!! All roads are open to other road users.

Safety Tips for Bunch/Road Riding

- A 'Time Trial' bike may be used at the event and aerobars can remain on your bike, however under no circumstances are you allowed to use your aerobars in a bunch.
- Always ride on the left-hand side of the road. Do not cross the centre line EVER.
- Never turn your head around in a bunch – you are likely to wobble.
- At all times signal your intentions well before you move.
- Never answer your cell phone when riding in a bunch.
- Do not drink or eat while riding in a bunch, go to the back.
- Be careful not to overlap your wheels when riding in a bunch.
- At all times be prepared for sharp corners – especially in the second 50km.
- If walking at any stage, stay as far left as possible so not to hinder others.
- If you need to do repairs, please move completely off the road.

Special Caution

- 73km mark – steep down hill
- 99km mark – steep downhill

Two Right Hand Turns - These will be controlled by the Traffic Management NZ; however, we ask that all riders abide by all road rules.

- The first right hand turn is at the 36.5km mark turning right off Arapuni Road onto Owairaka Valley Road.
- The second right hand turn is at the 66km mark turning right off Waimanu Road onto Arapuni Road.

Registration & Late Entries / Start Times

7:00am – 9:30am Registration & Late entries - inside the Rob Waddell Lodge (look for signs)

9:00am early start - for those expecting to take longer than 4.5 hours (see below)

10:00am main start - in waves

The start / finish for the 100km is on Maungatautari Rd opposite the Mighty River Domain at Karapiro.

- **Wave starts** – riders will be requested to position themselves in their estimated finish time category on the start. Please start in your correct designated estimated finish time zone (these are all signed) to ensure you are riding with others of a similar ability, therefore reducing the possibility of accidents. This is very important.
- **9.00am early start** - for riders that have an estimated time over 4hrs 30minutes only. The lead vehicle will not exceed an average speed of 22km per hour and no rider is permitted to pass this vehicle from this start group. Instant disqualification will occur if a rider from the social start group passes this vehicle.
- **Timing** - as all competitors have a timing transponder, nobody is disadvantaged as all riders will receive your ride time from when you cross the antenna mats at the start line. Gun time will be used for the first three competitors across the line, but transponder time will be used to calculate 1st, 2nd & 3rd in each grade for safety reasons.

Aid Station

Water, R-line and toilets are available just past the 50km mark at the Wharepapa South School (on the corner of Owairaka Valley Road and Wharepapa South Road).

Listening Devices

At no stage during the event may any competitor use headphones, or any other listening device for safety reasons. You must be able to hear traffic, other riders, and instructions from marshals. Thank you for your understanding on this matter.

Support Crew/Vehicles

There is no need for support crews or vehicles to be on the road. We ask that supporters DO NOT follow riders around the course please. This is for the safety of all our competitors. The less traffic on the road, the safer it is for everyone.

Race Numbers

You will be given two race numbers, one for your seat post and one for your helmet. These must be worn. Your timing transponder is attached to your seat post sticker.

Event Referees and Staff

There are many event referees on motorbikes and in cars. Riders breaking traffic rules or caught riding over aggressively causing hazards to others will be instantly disqualified. The decision of Event Promotions marshal referee's, in conjunction with the Event Director, is final and no discussion or correspondence will be entered into. Please always show courtesy to others.

Finisher Medals

All competitors will receive a stunning finishers medal. Competitors will be awarded their medal on the finish line once they have completed their event.

Hot Showers

These are showers available for \$6. Please go see the Mighty River Domain Office for more information.

Prize Giving 2:30pm

Merit medals will be awarded for each race as well as random spot prize draws. All competitors are eligible for spot prizes, but you must be there to collect them.

Results

These will be available from www.eventpromotions.co.nz on Saturday afternoon.

LYSAGHT KARAPIRO 100K FLYER

100K / 50K



Event Promotions
www.eventpromotions.co.nz

Happy and safe riding!
Event Promotions