

TOUGH GUY AND GAL CHALLENGE

Wellington Friday 24th May: 10am start
Hamilton Monday 10th June: 10am start
Auckland Thursday 27th June: 10am start

Auckland Friday 28th June: 11am start
Hawke's Bay Sunday 28th July: 11am start
Rotorua Friday 23rd August: 10am start



THE EVENT

Now in its seventh year, the **Tough Guy & Gal Challenge** is being offered in five different locations. All locations are NCEA approved at both Level 2 and Level 3. Take on other students from around the country on these awesome and challenging courses to win the **Toughest School Trophy**. These extreme off-road running events are held on unique courses with challenging obstacles. You can run, walk, push, crawl or climb through a variety of natural and man-made obstacles, mud, mud and more mud. The event is open to male and female secondary school students. There is also an 'Older Brutes & Beauties' grade to include teachers and parent helpers.

NZQA APPROVED

All venues are NZQA approved. The Tough Guy and Gal Challenge can be used to assess against standards 91330 and 91501. Performance criteria will be released online two weeks after each event. PENZ (Physical Education New Zealand) is in support of this event. Times will be submitted to NZQA after event to determine your grade. There are further Achievement Standards available. Please go to the Event Promotions website for more information.

VENUES & COURSE DESCRIPTION

WELLINGTON: The 2019 event will return to **Camp Wainui**, 203 Coast Road, Wainuiomata just 10km from Lower Hutt. Camp Wainui provides a unique opportunity within a NZ Native bush environment. Run through water trails, crawl under barbed wire obstacles, clamber through tunnels, wade through swamp crossings and pull yourself up hill climbs. Please car pool if possible, as parking is tight.

HAMILTON: The Hamilton venue address is **Ngaruawahia Christian Youth Camp**, 148 Waingaro Road, Ngaruawahia. The Ngaruawahia Christian Youth Camp offers a stunning venue nestled between Waipa River and the Hakarimata Scenic Reserve. The camp is set amongst 38 hectares of native bush and pastures, ready and waiting for tough guys and gals to take on the challenge.

AUCKLAND: The Auckland venue is at **Helensville Tennis Club**, 124 Rautawhiri Road. Auckland provides a fantastic venue, giving the ultimate Tough Guy experience. Take on the barbed wire crawl, hill climbs, open paddock running, water crossings and climbing obstacles.

HAWKE'S BAY: The Hawke's Bay event will be held at **Clifton Station**, Cape Kidnappers. Clifton Station stretches 13,500 acres from Clifton to Cape Kidnappers and right down to Ocean Beach. Just 20 minutes from Napier and Hastings. Clifton Station is adjacent to the multi-million dollar Cape Kidnappers golf course and is one of the most spectacular locations in the world.

ROTORUA: This is the original home of the Tough Guy & Gal Challenge. The event is located at **Lakes Ranch**, an outdoor pursuit / equestrian centre 15 minutes east of Rotorua on SH30. Just follow the signs to Hells Gate and Lakes Ranch is located directly opposite. This venue provides a magnificent course with spectacular scenery for the ultimate experience. The course includes water trails, a net climb, crawl under barbed wire obstacles, swamp crossings, native bush trail, wobbly water bridge, open paddock running, hurdles, wire rope bridge and tunnels.

CLOTHING & FOOTWEAR

It is strongly advised that competitors wear a thermal polypropylene top. It is compulsory that all competitors wear covered in shoes. You will get wet and muddy. *Football or rugby boots with molded studs are acceptable, running spikes or boots with aluminium studs are not permitted.* A set of dry clothing, beanie and jacket is highly recommended following your event. There are hot showers so bring a towel.

LIMITED SPACES AVAILABLE

All venues limited to 1000 people to comply with NZQA regulations.

GRADES Age calculated on the day

12km & 6km	Senior Lads and Lasses:	School Years 12 and 13
12km & 6km	Junior Dudes and Chics:	School Years 9, 10 and 11
12km & 6km	Older Brutes and Beauties:	Teachers & parent helpers

HOW TO ENTER You can enter two different ways:

- 1). Email us with the number of people you wish to enter. We will then send you an Excel Spreadsheet template with a bulk waiver for you to fill in with all of your student's details. Once we have received this you will then be sent an invoice. Once we have payment and have received a confirmation of payment we will then confirm your spots into the event.
- 2). If yourself or a student wants to enter themselves online without going through their school, they can use our online system. Only credit card payment is accepted here. Waiver is accepted online.

ENTRY FEE

\$45 per person. This is a special rate for schools that is only available for the specific school events. Competitors must be a current student of the school or a teacher/parent helper.

LATE/ON THE DAY ENTRY

Entries must be received two weeks before each event. Entries after this date will only be accepted if space is available and will be charged at \$60 per person.

PRIZES & RESULTS

Plenty of spot prizes will be drawn randomly at prize-giving. You must be present to be eligible for a spot prize. Merit prizes will be awarded to the top three male and female competitors in each grade.

Placings and times will be recorded for all competitors. These will be available to download from the website the day after your event.

TOUGHEST SCHOOL TROPHY

The Toughest School Trophy will be determined in each location by your school's top three placings across the 6km event only. Your 3 combined placings calculate your school score. There will be a male trophy and a female trophy up for grabs.

EVENT MERCHANDISE

A large variety of items are available for purchase including t-shirts, hoodies, beanies, sports caps, sports bag and drink bottles. See www.eventpromotions.co.nz for images of all products.

REFUND / TRANSFERS

All refunds up to 48 hours prior to the event day will be charged a \$10 administration fee. Within 48 hours of the event NO refunds will be given. In a case of natural disaster, entry fees will not be refunded.

Transfer Policy. All transfers between students/competitors and course distance changes MUST be made at least 7 days prior to the event – no exceptions! If your information or course distance allocated to your bib number is not correct then you risk not gaining your achievement standards. It is your responsibility to make sure this information is correct 7 days prior to your event to make sure you are eligible for NCEA credits.

CONTACT DETAILS

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More information & Enter at:
www.eventpromotions.co.nz